

Advanced First Aid

A comprehensive course offering advanced first aid and cardiopulmonary resuscitation (CPR) skills for those typically designated as a senior workplace first aid attendant. Course covers a variety of topics from basic (circulation and breathing emergencies, and prevention of disease transmission) to advanced (sudden medical emergencies and injuries to the head and/or spine), including instruction dedicated to understanding workplace legislation and responsibilities.



| | | |
|----------------------------|---|---|
| Duration | 80 hours | |
| Instructor | Red Cross Advanced Emergency Care Instructor or Emergency Care Instructor Trainer | |
| Prerequisites | Standard First Aid with CPR Level C | |
| Completion | 100% attendance, skills demonstration, 2 evaluated scenarios, and 80% min. passing grade on written exam | |
| Certification | 3-year certification in Advanced First Aid, CPR Level HCP, and AED | |
| Recertification | 40 hours; includes CPR Level HCP | |
| Course Content | <p>Part 1 – Preparing to Respond</p> <ul style="list-style-type: none"> ■ The responder ■ The emergency scene ■ Preventing disease transmission <p>Part 2 – Establishing Priorities of Care</p> <ul style="list-style-type: none"> ■ Anatomy and physiology ■ Assessment ■ Respiratory emergencies ■ Airway and ventilation ■ Circulatory emergencies ■ Bleeding ■ Shock ■ Pharmacology <p>Part 3 – Traumatic Injuries</p> <ul style="list-style-type: none"> ■ Soft tissue injuries ■ Musculoskeletal injuries ■ Head and spine injuries ■ Chest, abdominal, and pelvic injuries | <p>Part 4 – Medical Emergencies</p> <ul style="list-style-type: none"> ■ Sudden illnesses ■ Poisoning ■ Heat- and cold-related emergencies <p>Part 5 – Special Populations and Situations</p> <ul style="list-style-type: none"> ■ Special populations & crisis intervention ■ Childbirth ■ Reaching and moving people ■ Multiple casualty incidents ■ Transportation ■ Workplace <p><i>Includes CPR HCP</i></p> <p><i>Includes any other content required by specific legislation</i></p> |
| Take-Home Materials | <p><i>Emergency Care</i></p> <p><i>Emergency Care Workbook</i></p> <p>Certification card and optional wall certificate</p> | |

