



CPR HCP and BLS Comparison Chart

The legacy CPR HCP course included CPR Level A or C content, then added the skills required for HCP certification. In the BLS course, skills are fully integrated throughout, and do not build on CPR Level A or C content. BLS is a skills-focused professional resuscitation course, and not a first aid-based CPR course. Terminology between the two programs is different and not fully reflective in this comparison.

Key: Black = HCP Red = BLS *Where possible skills were merged in this chart.*

CPR HCP and BLS Course Comparison Subjects and Skills	CPR HCP Theory	CPR HCP Skill	BLS Theory	BLS Skill
Introduction				
• The Red Cross	✓			
• The First Aider's Role	✓			
• Get Consent	✓			
Legal (Laws and Acts) and Ethical Issues			✓	
• Consent			✓	
○ Responsive Patient			✓	
○ Unresponsive Patient			✓	
• Abandonment (HCP & BLS)	✓		✓	
• Advanced Directives			✓	
Check, Call, Care				
• Check the Scene	✓	✓		
• Check the Person	✓	✓		
• Call	✓	✓		
• Care	✓	✓		
Glove Removal			✓	✓
Primary Assessment			✓	✓
• Level of Responsiveness			✓	✓
• Open the Airway			✓	✓
• Head-Tilt/Chin-Lift (BLS & HCP)	✓	✓	✓	✓
• Jaw Thrust			✓	✓
• Check Breathing and Circulation (Simultaneous Breathing and Circulation Assessment - Carotid Pulse Check)			✓	✓
Agonal Respirations			✓	✓
External Deadly Bleeding	✓	✓		
Internal Deadly Bleeding	✓	✓		
H.A.IN.E.S. Recovery position	✓	✓		
Airway Emergencies				
Mild Choking	✓	✓		
Partial			✓	✓

CPR HCP and BLS Course Comparison Subjects and Skills	CPR HCP Theory	CPR HCP Skill	BLS Theory	BLS Skill
Anatomical			✓	
Mechanical			✓	
Back Blows (BLS & HCP)	✓	✓	✓	✓
Abdominal Thrusts (BLS & HCP)	✓	✓	✓	✓
Chest Thrusts (BLS & HCP)	✓	✓	✓	✓
Resuscitation Mask			✓	✓
Bag-Valve-Mask			✓	✓
Severe Choking	✓			
• Common Causes	✓			
• Prevention	✓			
• What to look for	✓			
• Conscious, Choking Adult or Child	✓			
○ What to do	✓	✓		
Complete – Responsive Adult			✓	✓
Complete – Responsive Child			✓	✓
• For a larger or pregnant person	✓	✓		
• For someone in a seated position	✓	✓		
• For someone choking alone	✓	✓		
Obstructed Self-Rescue			✓	✓
• Conscious, Choking Baby			✓	✓
○ What to do	✓	✓	✓	✓
Complete – Responsive Infant			✓	✓
• Unconscious, Choking Adult or Child	✓	✓		
• Unconscious, Choking Baby	✓	✓		
Unresponsive Obstruction Adult, Child and Infant			✓	✓
Assisted Ventilations			✓	✓
Breathing and Circulation Emergencies				
Assisting with Medications	✓		✓	
• Guidelines for First Aiders assisting with medications	✓			
• Five Rights of Medication	✓			
Six Rights of Medication			✓	
Risk Factors for Developing Cardiovascular Disease	✓			
Angina	✓			
• Causes	✓			
• What to look for	✓			
Heart attack	✓			
• What to look for	✓			
Angina and Heart Attack	✓			
• What to do	✓	✓		
Stroke	✓			
• Causes	✓			
• What to look for	✓			
Cardiac Arrest	✓			
• Causes	✓			
• What to look for	✓			

CPR HCP and BLS Course Comparison Subjects and Skills	CPR HCP Theory	CPR HCP Skill	BLS Theory	BLS Skill
Compression Only CPR	✓	✓		
Cardiac Arrest, Adult or Child	✓			
• What to do	✓	✓		
Cardiopulmonary Resuscitation			✓	✓
Adult			✓	✓
• Single-Responder			✓	✓
• Two-Responder			✓	✓
Child			✓	✓
• Single-Responder			✓	✓
• Two-Responder			✓	✓
Cardiac Arrest, Baby	✓			
• What to do	✓	✓		
Infant			✓	✓
• Single-Responder			✓	✓
• Two-Responder			✓	✓
Neonate			✓	✓
When the AED arrives	✓	✓		
Defibrillators			✓	✓
• Automated External			✓	✓
• Semi-Automated			✓	✓
Additional Skills for the Healthcare Provider				
Jaw Thrust	✓	✓		
How to do a Pulse Check	✓	✓		
• Adult or Child	✓	✓		
• Baby	✓	✓		
Bag-Valve-Mask	✓	✓		
Rescue Breathing	✓	✓		
What to do		✓		
• Two-Rescuer Rescue Breathing for an Adult or Child	✓	✓		
• Two-Rescuer Rescue Breathing for a Baby	✓	✓		
Two-Rescuer CPR	✓	✓		
• Two-Rescuer CPR for an Adult or Child	✓	✓		
• Two-Rescuer CPR for a Baby	✓	✓		
Basic Life Support – Special Considerations				
Trauma			✓	
Hypothermia			✓	
Opioid Overdose			✓	
Anaphylaxis			✓	
Six Rights of Medications			✓	
High-Performance CPR			✓	✓
• Audiovisual Feedback Devices			✓	
Post-Cardiac Arrest Care			✓	
High-Performance Team Communications			✓	
• Closed-Loop Communication			✓	
• Designated Roles			✓	

HCP and BLS CPR Course Comparison Subjects and Skills	CPR HCP Theory	CPR HCP Skill	BLS Theory	BLS Skill
• Mutual Respect			✓	
Post-Event Debrief			✓	
Quality Improvement in Resuscitation Systems			✓	